

C O A C H I N G -

“It is unfortunate I do not recall any other coach that has achieved something similar.”

I decided to prove everyone wrong.....

I began coaching an 18-year-old young man, named Simba, who stood 1.65 metres tall and who had only ever played football at a school level. Before joining me, he had dreamt of becoming a professional soccer player and had gone on trial for many professional clubs but remained unlucky.

For this reason, I decided to take on a huge challenge. I took him under my wing and coached him in the methods explained in this book. We trained daily for a period of eight months, working tirelessly and intensely to achieve maximum results.

After eight months, Simba was sent to Italy where he was signed by one of the leading Serie A giants, F.C. Inter of Milan. Lacking experience, he was loaned to play for a few years in the top Bulgarian professional league where he immediately impressed. He was then chosen to represent the Under 23 team of his country and went on to debut for his Senior National team in a friendly game as a starting line up player.

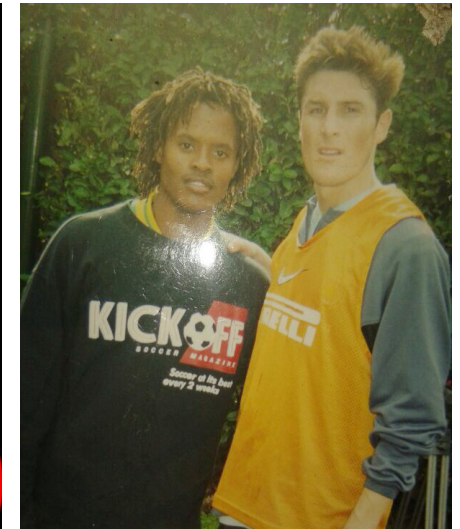
All of this happened in just over one year thanks to these exercises!

“Raw material can always be polished, it’s never too late.”

Mr. Marumo went on to have a successful football career. Today he is a successful football analyst on local South African television.



Simba Marumo, celebrating one of his many goals.



Simba, with legendary Captain, Javier Zanetti at the Appiano Gentile FC Inter Milan training ground.